

G O U R M A N D
World Cookbook Awards

The Best in the World 2006

BARBADOS



Beijing, China
April 8, 2007

The Gourmand World Cookbook Awards have taken place for the first time in Beijing, China, on April 7, 2007.

For the first time, a book from Barbados with LaurelAnn Morley wins the « Best in the World » award for « Best Woman Chef Cookbook ». Previous winners have been Lea Linster from Luxembourg in 2003, Anne Sophie Pic from France in 2004 and Diane Tremblay from Canada in 2005.

Winner LaurelAnn Morley is the author of « Caribbean Recipes », with every important recipe from every Caribbean island. Nothing is overlooked in these 400 recipes, which are an easy to read, bringing happiness, fun and sun to the reader.

Each chapter is colour coded. It begins and ends with colour sketches of the Caribbean by famous Barbadian artist Gordon Parkinson. The memories of the Caribbean life are described through food and art.

This category was created in 2003 because of the few women chefs competing with men in the category « Best Chef Books ». In a show of affirmative action, the international jury has decided to have 2 women chef winners this year, Johanna Maier of Austria, and LaurelAnn Morley of Barbados. LaurelAnn has been the chef of « The Cove » restaurant for over 7 years, where most of the recipes of her book can be served.

You can find more information on www.cookbookfair.com for the Gourmand Awards, www.atlasbooks.com for « The Caribbean Recipes » book, or in the Gourmand Yearbook 2007 published for the Gourmand Awards in Beijing.

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